



Your Unique TRUE NORTH

Self-understanding is a timeless wisdom seed now recognized as key to self and leadership competency. It influences our ability to make key decisions about ourselves, where we are and where we would rather be. As a result it influences our effectiveness in our work, the directions we take in our lives and our degree of fulfillment.



My TOP 5 VALUES

My TOP 5 STRENGTHS

StrengthsFinder

My TOP ROQUE Key Scores

Self Relational Professional Potential

My Myers Briggs Type:

Step I: Step II:

My Emotional Intelligence Scores:

Total EQi:

Intra Personal: Inter Personal: Stress
Management: Adaptability
General Mood:

My TOP 5 PASSIONS

Our PASSIONS influence our essential dreams. Who are we and what our compelling urges to become are. Our VALUES guide our behaviours. Our STRENGTHS empower us with confidence. Our Emotional Intelligence score illustrates our competencies for effective communication and relating to others. ROQUE reflects on ‘me’ the Holistic Individual.



Your Unique TRUE NORTH

Self-understanding is a timeless wisdom seed now recognized as key to self and leadership competency. It influences our ability to make key decisions about ourselves, where we are and where we would rather be. As a result it influences our effectiveness in our work, the directions we take in our lives and our degree of fulfillment.



My TOP 5 VALUES

1. Spirituality
2. Integrity
3. Intimacy
4. Creativity
5. Personal Growth

My TOP 5 STRENGTHS

1. Strategic Thinker
2. Futurist
3. Ideas
4. Learner
5. Maximiser

My TOP ROQUE Key Scores

Self	Relational	Professional	Potential
7	9	7	3

My Myers Briggs Type:

Step I: Step II:

I	N	T	P	
---	---	---	---	--

My Emotional Intelligence Scores:

Total EQi: **117**

- Intra Personal: 121
- Inter Personal: 110
- Stress Management: 111
- Adaptability: 113
- General Mood: 113

My TOP 5 PASSIONS

1. Pauline
2. Mizz Molly
3. Nature
4. DIY
5. Learning

Our PASSIONS influence our essential dreams. Who are we and what our compelling urges to become are. Our VALUES guide our behaviours. Our STRENGTHS empower us with confidence. Our Emotional Intelligence score illustrates our competencies for effective communication and relating to others. ROQUE reflects on 'me' the Holistic Individual.